

Ecological Footprint

1. Are you surprised by your results? Why or why not?

- Yes, I am honestly surprised by my results. I knew that I am not one of those people who really save the earth, but I did not think that I am harming the earth as much.
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2. Were you surprised to learn that Canada has one of the largest footprints on Earth?

- Yes, I was surprised to learn that Canada has one of the largest footprints on Earth. For example, I know that Canada has a lot of water, so I thought that we won't need to use as much water. I also think that Canada has a lot of green space, compared to other countries, so I thought that the people in Canada would be connected with nature and interested in keeping it like that.
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3. Discuss at least three different ways to help reduce your footprint (as a family).

- I think that something I can do to help reduce my footprint personally is to take shorter showers. This is something I can do, and it is not about my family, because they take really short showers. Another thing is to eat less package food. In our times, it is hard because most of the food, (except for vegetables and fruits) is usually packaged. One more thing that me and my family could do, is to take care of the lights in our home. We can turn off the lights right when we get out of the room. We usually try to do it, but we do not always remember.

4. In what ways can we increase public awareness of our ecological footprints?

- I think that this is a thing that very much depends on people with power and voice, that can tell people what to do. But on the other hand I think that we all can do something. There are little things that we can do. For example, we can tell people around us and explain to them what the problem is. We can also hang posters in public places so people can know about the problem and try to help.

5. Why do you think people ignore issues of sustainability? Even if a person knows they should help, what prevents us from doing it?

- I think that we all choose to ignore issues of sustainability sometimes, from the simple reason- it is easier. It's easy to say "Ha... it does not matter". Some other people choose to ignore because they do not see the importance and the significance of their help. They say "Ha... it is not going to change anything... How is it helpful if one person on earth will take a short shower? There are so many people on earth, I can not change anything".

6. What are some effective ways to reduce material consumption in everyday life while maintaining livability?

- There are some effective ways to reduce material consumption in everyday life but at the same time to maintain livability. For example, to take showers at the same frequency, but shorter showers. Another thing is to keep

eating the same amount of food, but to eat more
unpackaged food than package food.